

John White Speedo Sprint Level 3

Sat 5th & Sun 6th July 2025 Hartsdown Leisure Centre

Gala kindly sponsored by



Entry Fee: £3.50 entry per session Sunday - £5 both sessions Programme included free

(under 12s admitted free of charge)



With thanks to our partners & headline sponsors:





FAMOUS SPEEDO HOT HEAT PRIZES

SWIMMERS CHOOSE FINAL WALK OUT MUSIC

FUN & FAST GALA



John White Speedo Sprint

Conditions

Licence:

The event will be licenced to Level 3

Facilities:

This gala will take place at Hartsdown Leisure Centre, Margate, in a 25-metre pool with electronic timing, wedge blocks and anti-wave ropes.

Rules:

The meet will be run in accordance with Swim England Laws and Technical Rules and the conditions of this competition. The one start rule will be in operation throughout the meet with over the top starts. All swimmers must be registered with Swim England and be members of a club affiliated to Swim England. The gala promoter has the right to amend the programme to ensure the smooth running and fairness of the event.

Age Groups, awards and additional prizes:

Finals will be swum for 12 and under & then 13 and over Ages as of midnight on 6th July 2025

The Female category is for birth sex females in accordance with Swim England's Transgender and Non Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female

Medals will be given to 1st, 2nd and 3rd placed swimmers in finals

Additional prizes: 'Hot Heats' will be selected at random throughout the event, winners of these heats will be presented with Speedo goodies.

Qualifying Times:

This gala is aimed at all competitive swimmers with Upper qualifying times. There are no minimum entry times but if the gala becomes over-subscribed the slowest swimmers will be rejected from each age group so that session times can be adhered to.

Events:

All events will be swum with all age groups combined, seeded by entry times, slowest to fastest. Finals will then be swum by the top 6 swimmers in the age group 12 and under and 13 and over.

Finals:

Finals (all events except 200m IM) will be swum by the fastest 6 qualifiers in the 12 and under age group and the 13 and over age group. The fastest qualifier will be able to choose the walk our music to be played (subject to availability)

Entries:

The closing date for entries is midnight 21st June 2025. No late entries will be accepted. The entry fee is £6.25 per individual event. Late/incomplete/illegible entries or those without the correct entry fees will not be accepted. Please e-mail lynngates@live.co.uk for the Entry File and complete the Consolidated Entry Form attached. BACS payment is preferred (Sort code: 30-96-93, Account: 01365850) please state Club name as a reference. Independent entries should use the BACS information above with the reference being the swimmer's name. Cheques are only accepted in exceptional circumstances, made payable to 'Thanet Swim Club'.

Withdrawals:

This will be a 'sign-out' gala - Coaches must inform the steward's timing desk of any swimmer not competing before the start of the warm-up for each session. No refunds will be given for withdrawals once entries have been announced.

Results:

Every effort will be made to provide full electronic results as the meet progresses via the club website: www.thanetsc.org. However, in the event of technical failure, this may not always be possible.



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Coaches Passes:

Coaches passes will be issued at a cost of £30.00 per weekend pass and this will entitle them to admission to all sessions, a programme and poolside refreshments. Entry to poolside will not be permitted without a pass; poolside coaches need to be Swim England registered and hold a valid DBS check.

One **free coach pass can be claimed by any club** providing two officials for each session – these should be named on the consolidated entry form.

Clubs are expected to provide sufficient poolside staff to manage their swimmers on poolside and comply with Swim England Team manager, Coach and Chaperone Policy, (SE1048 -16/05/23) which can be found by following this link: https://www.swimming.org/swimengland/swim-england-relases-supervision-ratios-policy/

Coaches and TMs must wear club branded kit, so they are clearly identifiable..

Officials:

The event needs a minimum of 20 officials for each session. All clubs with 8 or more swimmers attending are requested to help with the running of the meet by supplying details of any licensed officials who are willing to assist at this gala. We note that if we are unable to fulfil the required number of licenced and qualified officials to ensure the competition meets the licence requirements, the meet may be downgraded to a lower licence level and the times recorded by swimmers would not be allowed into 'rankings' as at that date/level. If visiting clubs cannot assist with the provision of licenced officials, then Thanet Swim Club cannot guarantee the licence level required by the Swim England SER Licensing Board.

Spectators:

Adult spectator admission will be: £3.50 per person per session, or £5 all day Sunday. Children aged 12 and under will be admitted free. The venue's cafeteria should be open all weekend. The Leisure Centre will also be hoping to be run a BBQ.

There may be a swim shop on site all weekend. The venue has limited car parking, which is free, please be sure to park in marked bays only, as parking wardens visit the site regularly. Adjacent on-street parking is free.

Photography:

Anyone wishing to carry out video, zoom or close-range photography must be in accordance with Swim England 'Wavepower' guidelines.

It is likely that we will have our own club photographer present; s/he will take photos that focus on Thanet Swim club swimmers and prize winners, these may be used online and in promotional material. If there are any issues regarding this matter, please contact our Gala Manager, Sarah Hawkins (email below).

Mobile Phones/Item with photographic Capability:

Their use at the event is as outlined in Wave Power. This has further restricted all mobile use and other devices and now specifically prohibits the use of mobile phones in the changing area. This means:

- · No Taking photos or videos
- No texting
- No making or receiving phone calls.
- No browsing the internet
- · No browsing or posting on social media.

Data Privacy:

Entries may be held on a computer solely for the purposes of this competition and consent, as required by the General Data Protection Regulations 2018, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal Data will be available for inspection during the gala on application to the Promoter.

Your privacy is important to us. The reason we need your data is to be able to administer your competition entry. We will publish accepted entries, the event programme and results on our website and will pass such information to the governing body or any affiliated organisation for the purpose of licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times, and age category.



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All data files and paper entries containing personal information in relation to the gala held by Thanet Swim Club will be deleted or securely shredded within 30 days of the last day of the gala. Results from this gala will be posted on the Thanet Swim Club website and retained for two years from the last date of the gala.

Further Information:

If you have any event related queries or require further information please email Sarah Hawkins (bowden308@hotmail.co.uk) or visit the 'Hosted Events' page on web-site: www.thanetsc.com

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Safety and Security Guidelines

for Swimmers, Coaches, Officials and Spectators

Starts: It is the responsibility of the competitors, coaches and clubs, to ensure that all swimmers are competent to the standard of the Swim England competitive start award, to perform a shallow racing dive into the water. In the event of a false start, swimmers should perform a safe entry with a shallow racing dive and not fall into the water. Swimmers are reminded that they are permitted to start in the water for all events, but must advise the referee of this prior to the start of their heat.

Warm up: During the warm-up, swimmers and coaches must ensure that they (and swimmers in their charge) take no action that would endanger themselves or others. The instructions of Pool Lifeguards or others in authority must be obeyed immediately.

Safety: Everyone attending the event must familiarise themselves with the location of the emergency exits, which must be kept clear at all times. Due to limited space poolside everyone is asked to observe all normal precautions in the pool area and when moving around the sports centre, to ensure their own safety and that of others. Anyone observing anything they consider to be a safety hazard must report it to the Gala Promoter. The pool depths are **+2m** at the starting end of the pool and **1m** at the turn end of the pool.

Attire: All swimmers must wear suitable footwear and tops when in the stewarding area or when leaving poolside.

Behaviour: The organisers and the pool management reserve the right to remove any swimmer or spectator from the pool area whose behaviour is either against the pool rules or the efficient running of the gala. Stewards will be patrolling the sports centre and anyone found causing damage or seriously misbehaving, will be banned from the gala and refused entry to the building.

Security: Competitors are advised not to leave their belongings unattended and to ensure valuables are placed in a locked locker or deposited with someone for safekeeping. Neither Thanet Swim Club nor the Pool Management will be held responsible for property that is lost.

Litter: Competitors and spectators are asked to place all litter in the receptacles provided and not to leave it on the floor, particularly in the spectator gallery, where it may become a safety hazard.

Any situation not covered by the meet rules and information, will be at the discretion of the Gala Promoter, who also reserves the right to make any changes that may be considered necessary for the smooth running and discipline of the gala.



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Programme and Upper Qualifying Times

These are short course QTs - This gala is aimed at all competitive swimmers

SATURDAY - 5th JULY

SESSION 1 - Saturday Warm-up time 2:00pm / Start time 3.00				Start time 3.00pm	
EVENT		9/10	11/12	13/14	15+
101	Open/Male 100 Freestyle	01:02.00	00:58.00	00:54.00	00:50.00
102	Female 200 Individual Medley	02:20.00	02:16.00	02:12.00	02:06.00
103	Open/Male 50 Breaststroke	00:38.00	00:34.00	00:30.00	00:28.00
104	Female 50 Butterfly	00:33.00	00:31.00	00:29.00	00:27.00
105	Open/Male 200 Individual Medley	02:14.00	02:10.00	02:06.00	02:02.00
106	Female 100 Breaststroke	01:18.00	01:14.00	01:10.00	01:06.00

15 minute break

SESSION 1 – Saturday - FINALS			
107 FINAL Open/Male 100m Freestyle – 12 and under			
108 FINAL Open/Male 100m Freestyle – 13 and over			
109 FINAL Female 50m Butterfly – 12 and under			
110 FINAL Female 50m Butterfly – 13 and over			
111 FINAL Open/Male 50m Breaststroke – 12 and under			
112 FINAL Open/Male 50m Breaststroke – 13 and over			
113 FINAL Female 100m Breaststroke – 12 and under			
114 FINAL Female 100m Breaststroke – 13 and over			
FSTIMATED FINISH TIME 7.00pm			



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SUNDAY - 6th JULY

	9/10			
EVENT		11/12	13/14	15+
Open/Male 50 Butterfly	00:32.00	00:30.00	00:28.00	00:26.00
Female 50 Freestyle	00:30.00	00:28.00	00:26.00	00:24.00
Open/Male 100 Breaststroke	01:08.00	01:04.00	01:00.00	00:56.00
Female 100 Backstroke	01:10.00	01:06.00	01:02.00	00:58.00
Open/Male 50 Freestyle	00:28.00	00:26.00	00:24.00	00:22.00
Female 50 Breaststroke	00:35.00	00:33.00	00:31.00	00:29.00
Open/Male 100 Backstroke	01:08.00	01:04.00	01:00.00	00:56.00
	Female 50 Freestyle Open/Male 100 Breaststroke Female 100 Backstroke Open/Male 50 Freestyle Female 50 Breaststroke	Female 50 Freestyle 00:30.00 Open/Male 100 Breaststroke 01:08.00 Female 100 Backstroke 01:10.00 Open/Male 50 Freestyle 00:28.00 Female 50 Breaststroke 00:35.00	Female 50 Freestyle 00:30.00 00:28.00 Open/Male 100 Breaststroke 01:08.00 01:04.00 Female 100 Backstroke 01:10.00 01:06.00 Open/Male 50 Freestyle 00:28.00 00:26.00 Female 50 Breaststroke 00:35.00 00:33.00	Female 50 Freestyle 00:30.00 00:28.00 00:26.00 00:26.00 00:00:00:00 00:00:00 00:00:00 00:00:0

20 minute break

SESSION 2 - Sunday -	FINALS
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208	FINAL	Open/Male 50m	Butterfly -	12 and under
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- 209 FINAL Open/Male 50m Butterfly 13 and over
- 210 FINAL Female 50m Freestyle 12 and under
- 211 FINAL Female 50m Freestyle 13 and over
- 212 FINAL Open/Male 100m Breaststroke 12 and under
- 213 FINAL Open/Male 100m Breaststroke 13 and over
- 214 FINAL Female 100m Backstroke 12 and under
- 215 FINAL Female 100m Backstroke 13 and over
- 216 FINAL Open/Male 50m Freestyle 12 and under 217 FINAL Open/Male 50m Freestyle – 13 and over
- 218 FINAL Female 50m Breaststroke 12 and under
- 219 FINAL Female 50m Breaststroke 13 and over
- 220 FINAL Open/Male 100m Backstroke 12 and under
- 221 FINAL Open/Male 100m Backstroke 13 and over

SESSION 3- Sunday EVENT		Est Warm-up time 1.30pm / Start time 2.45pm / Est Finish 6.30pm			
		9/10	11/12	13/14	15+
301	Female 100 Individual Medley	01:09.00	01:05.00	01:01.00	00:57.00
302	Open/Male 100 Individual Medley	01:08.00	01:04.00	01:00.00	00:56.00
303	Female 100 Butterfly	01:10.00	01:06.00	01:02.00	00:58.00
304	Open/Male 50 Backstroke	00:32.00	00:30.00	00:28.00	00:26.00
305	Female 50 Backstroke	00:33.00	00:31.00	00:29.00	00:27.00
306	Open/Male 100 Butterfly	01:08.00	01:06.00	01:04.00	01:02.00
307	Female 100 Freestyle	01:08.00	01:04.00	01:00.00	00:56.00

20 minute break

SESSION 3 - Sunday - FINALS

- 308 FINAL Female 100m Individual Medley 12 and under
- 309 FINAL Female 100m Individual Medley 13 and over
- 310 FINAL Open/Male 100m Individual Medley 12 and under
- 311 FINAL Open/Male 100m Individual Medley 13 and over
- 312 FINAL Female 100m Butterfly 12 and under
- 313 FINAL Female 100m Butterfly 13 and over
- 314 FINAL Open/Male 50m Backstroke 12 and under
- 315 FINAL Open/Male 50m Backstroke 13 and over
- 316 FINAL Female 50m Backstroke 12 and under
- 317 FINAL Female 50m Backstroke 13 and over
- 318 FINAL Open/Male 100m Butterfly 12 and under
- 319 FINAL Open/Male 100m Butterfly 13 and over
- 320 FINAL Female 100m Freestyle 12 and under
- 321 FINAL Female 100m Freestyle 13 and over



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Individual Entry Form

Entry
Entry
Entry
Entry
Time
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Number of entries at £6.25	each Total:	£
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Please return to your Club Entry Organiser by the date specified by them. Entries close at midnight on 21st June 2025. Entries should be paid via bank transfer to: Sort code: 30 96 93, Thanet Swim Club Acct Nr: 01365850.

Data Privacy: Please refer to the Data Privacy statement in the Event Condition



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Consolidated Entry Form

Club		
Number of entries @ £6.25	No:	£
Number of Coaches Pass @ £30.00		£
Total Value of Entry	Fees	£
Signature:		
Club Coach/Official		
Contact Details - Club Coach / Official	l:	
Name:		
Tel:	Mob:	
Email:		
Coaches are to advise of any swimme up for each session.	rs not compet	ing before the start of warm
The completed entry forms together will organiser no later than 21st June 2025 to: Sort code: 30 96 93, Thanet Swim 0	5. Entries shoເ	ıld be paid via bank transfer
Contact Details Official – Timekeeper(s) and Judge(s):
Name:	Name:	
Tel:	Tel:	
Email:	_ Email:	
Swim England No:	_ Swim Engla	nd No:
Qualification:	Qualificatio	n: